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# Phoenix 2024 UNITY Midyear Conference 2024 UNITY Midyear Conference

February 2 - 4, 2024 Phoenix, Arizona

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## Thursday, February 1st

**Pre-Conference** 

12 pm – 4 pm	Healing Circle Training with Dr. Pearl Yellowman (Maryvale - 2nd Floor)
4 pm – 6 pm	Welcome Networking Event – Entertainment and Light Refreshments
	(Valley Overlook - 4th Floor)
5 pm - 7 pm	Conference Registration (Phoenx Ballroom Foyer - 3rd Floor)
6 pm – 8 pm	Youth Empowerment Night for NUC Reps
	with the NUC Executive Committee (Maryvale - 2nd Floor)

## Friday, February 2nd

Day 1

0	
7 am – 5 pm	Conference Registration (Phoenx Ballroom Foyer - 3rd Floor)
8 am - 5 pm	Exhibitors & Vendors (3rd Street Foyer - 3rd Floor)
8 am	Morning Music with Shawn Martinez "DJ Tribal Touch" (Navajo)
	(Phoenix Ballroom CDE - 3rd Floor)
8 am	Meet & Greet: Photos with Christian Parrish, aka "Supaman"
	(Phoenix Ballroom Foyer - 3rd Floor)
8:30 am	Opening General Assembly (Phoenix Ballroom CDE - 3rd Floor)
	– NUC EC "National UNITY Council Executive Committee"
	Co-President: Kaytlynn Johnston (Bishop Band of Paiute)
	– Blessing
	– Cultural Presentation: Bird Singers, Colorado River Indian Tribes
	– Welcome - UNITY Council of Trustees - Lori Winfree (Lumbee)
	– Roll Call - NUCEC Secretary Jalen Harvey (Acoma Pueblo/Hopi/Navajo)
	– UNITY NEWS videos
9:30 am	Keynote Address and Performance:
	Christian Parrish aka "Supaman" (Apsáalooke)

## **Conference Agenda**

10:40 am Meet your Trainers/Announcements

Trainers:

- Environmental Advocacy with LoVina Louie (Coeur d'Alene / Colville/Nez Perce)
- Wellness Advocacy with Eileen Crocker (White Mountain Apache)
- Cultural Advocacy with J'Shon Lee (White Mountain Apache)
- Mental Health Advocacy with Thomas GhostDog Jr. (Burns Paiute/Oglala Lakota)
- Advisor Training with Dr. Pearl Yellowman (Navajo)

10:50 am Curriculum Session 1: Lighting the Fire steps 1-3

(1 hr 25 min) (Break out into assigned rooms by color dot indicated on badge.)

- Environmental Advocacy (Phoenix Ballroom A 3rd Floor)
- Wellness Advocacy (Phoenix Ballroom B 3rd Floor)
- Cultural Advocacy (Maryvale 2nd Floor)
- Mental Health Advocacy (Camelback 2nd Floor)

10:50 am Advisor/Chaperone Session 1 with Pearl Yellowman (Navajo)

(1 hr. 25 min.) (Phoenix Ballroom CDE - 3rd Floor)

12:15 pm Lunch (on your own)

(1 hr. 25 min.)

1:45 pm Curriculum Session 2: Lighting the Fire steps 4-6

(1 hr.) (Return to assigned rooms)

1:45 pm Advisor/Chaperone Session 2 (Phoenix Ballroom CDE -3rd Floor)

(45 min.)

**2:45 pm** Break

(15 min.)

Continued

3 pm	Advocacy in Action- Featuring local Community Advocates
(2 hrs.)	Attendees and Advisors split into four groups to rotate to each topic:
	1. Art as Advocacy with Cahokia Phoenix (Phoenix Ballroom A - 3rd Floor)
	2. Meeting with Decision Makers with Tribal Leaders Panel
	(Phoenix Ballroom B - 3rd Floor)
	3. Environmental Advocacy with UNITY Earth Ambassadors
	(Maryvale -2nd Floor)
	4. Visit Exhbitors! (3rd Street Foyer - 3rd Floor)
3 pm	Rotation 1 (25 min. interval)
3:30 pm	Rotation 2 (25 min. interval) 2 3 0 1
4 pm	Rotation 3 (25 min. interval) 3 4 1 2
4:30 pm	Rotation 4 (25 min. interval) 4 1 2 3
4 pm	NUC EC "National UNITY Council Executive Committee"
(1 hr.)	Business Meeting with NUC Reps – Session 1
	(Phoenix Ballroom CDE - 3rd Floor)
5 pm	Dinner (on your own)
(2 hrs.)	
7 pm	UNITY Mock Pageant & Evening Session
(3 hrs.)	(Phoenix Ballroom CDE - 3rd Floor)
	– 25 Under 25 Special Presentation
	– UNITY Flag Presentation to NUC Members in Good Standing
	– Instructions for Day One Evaluation - LorenAshley Buford (Yamassee)
	– Clan Activities: Fun & Games Social Night with UNITY Trainers
	& Executive Committee

**Continued** 

## Saturday, February 3rd

Day 2

**8 am - 3 pm** Conference Registration (Phoenix Ballroom Foyer - 3rd Floor)

8 am - 5 pm Exhibitors & Vendors (3rd Street Foyer - 3rd Floor)

8 am Morning Music with Shawn Martinez "DJ Tribal Touch" (Navajo)

(Phoenix Ballroom CDE - 3rd Floor)

**8:30 am** Morning General Assembly (Phoenix Ballroom CDE - 3rd Floor)

- Native Youth Emcees Welcome and Announcement

- Day One Evaluation with LorenAshley Buford (Yamassee)

- Giveaways and prizes for your feedback!

- Blessing: Arizona Tribal Royalty, Amy Reeves-Begaye (Navajo)

- Cultural Presentation: Chi' Chino Spirit Dance Group (O'odham)

- UNITY NEWS videos

9:00 am Keynote Speaker: Kiowa Gordon Award-winning Actor (Hualapai)

9:45 am Instructions for Speed Workshops, NUC and Advisors

(Phoenix Ballroom CDE - 3rd Floor)

See Workshop descriptions on pages 16-29.

**10:00 am** Speed Workshops Round 1

(25 min.)

**10:30 am** Speed Workshops Round 2

(25 min.)

**11:00 am** Speed Workshops Round 3

(25 min.)

**11:30 am** Speed Workshops Round 4

(25 min.)

**Continued** 

11:00 am NUC EC "National UNITY Council Executive Committee"

Business Meeting – Session 2 (additional time if needed)

(Maryvale - 2nd Floor)

**12:00 pm** Luncheon & Program (Phoenix Ballroom CDE - 3rd Floor)

(1 hr. 30 min.) - Guest Speaker: Q&A with Charley Hogan (Navajo)

**1:30 pm** Break

(15 min.)

1:45 pm Curriculum Session 3: Lighting the Fire steps 7-9

(1 hr. 30 min.) (Meet in assigned rooms)

1:45 pm Advisor/Chaperone Session 3 (Ahwatukee - 2nd Floor)

(1 hr. 15 min.)

**3:15 pm** Break

(15 min.)

3:30 pm Curriculum Session 4: Lighting the Fire step 10, safe practices

(1 hr. 30 min.) and report out (Return to assigned rooms)

**3:30 pm** Advisor/Chaperone Session 4 (Ahwatukee - 2nd Floor)

(1 hr.)

5:00 pm Dinner (on your own)

(2 hrs.)

7:00 pm UNITY Round Dances: Intertribal Round Dance (Open to the Public)

(2 hrs.) (Phoenix Ballroom CDE - 3rd Floor)

7:30 pm Meet & Greet: Photos with Keynote Speakers

(3rd Street Foyer - 3rd Floor)

9:00 pm UNITY Round Dances: O'odham Cu:dk Round Dance (Open to the Public)

(2 hrs.)

**Continued** 

## Sunday, February 4th

Day 3

8:30 am Morning Music with Shawn Martinez "DJ Tribal Touch" (Navajo)

(Phoenix Ballroom CDE - 3rd Floor)

**9:00 am** Closing General Assembly (Phoenix Ballroom CDE - 3rd Floor)

- Native Youth Emcees - Welcome & Announcements

- Blessing: Miss Indigenous ASU, Hannah Nockideneh (Navajo)

- Cultural Sharing: Creek Hymns with our elders

- UNITY NEWS videos

9:30 am Reports on Top Four Advocacy Plans

10:30 am Day Two Evaluation with LorenAshley Buford (Yamassee)

- Earn Prizes for your feedback!

10:45 am Keynote Speaker:

Visual Artist Tomas Karmelo Amaya (A:shiwi/Ralámuli/Yoeme)

**11:30 am** NUC Executive Committee Initiative:

"Revitalizing Our Roots" Presentation

**11:45 am** Wrap-Up/Closing Friendship Circle

**12:00 pm** 2024 UNITY Midyear Conference Concludes

Thank you for attending the 2024 UNITY Midyear Conference! Safe travels, see you in Portland, July 29-July3, 2024!





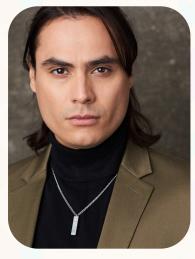
## "Supaman" Christian Takes Gun Parrish

As a member of the "Apsaalooke Nation", Supaman makes his home on Apsáalooke lands in Montana. "Supaman", a Native American dancer and innovative hip hop artist who has dedicated his life to empowering and spreading a message of hope, pride and resilience through his original art form.

He has been the recipient of the 2017 MTV VMA award for "Best Fight Against the System"! He is also a Nammy "Native American

Music Award" winner, "North American Indigenous Image Award winner, and 7 "Tunney Award winner. He was awarded The Aboriginal Peoples Choice Music Award in Canada for best video and was voted MTV's new Artist of the Week! His nominations brought him home awards for Best Hip Hop Album and Best Producer for the Indigenous Music Awards.

His videos have received millions of views on YouTube and Facebook which has put him in high demand touring extensively throughout the U.S.A. and internationally. He has performed for Google at the Google headquarters in San Francisco. He recently was asked to audition for America's Got Talent and the Broadway play Hamilton. He is currently on tour around the country spreading the good medicine of resiliency, love, laughter and inclusion.



## Kiowa Gordon

Kiowa is a Hualapai actor with award winning film and television credits. He stars as "Jim Chee" in the series DARK WINDS for AMC, based on the book series from Tony Hillerman, and produced by George R. R. Martin and Robert Redford. Born in Berlin, Germany, Kiowa moved to the States shortly thereafter to live on the Hualapai Indian Reservation in Peach Springs, AZ and moved around quite a bit growing up until settling down in Phoenix, AZ where he landed the role of Embry Call in THE TWILIGHT SAGA.

In 2013, Kiowa won Best Supporting Actor at the American Indian Film Festival in San Francisco for his role in the indie film, THE LESSER BLESSED. On the small screen, Kiowa had a Series Regular role in the Sundance original series, THE RED ROAD, starring Jason Momoa, Julianne Nicholson and Martin Henderson and Guest Starred on the Netflix series FRONTIER. In 2019, Kiowa starred in two features which premiered at the Toronto International Film Festival – BLOOD QUANTUM (multiple festival nom and winner) from director Jeff Barnaby and CASTLE IN THE GROUND (TIFF nominated for best Canadian feature) from director Joey Klein. That year he also had roles in the Netflix comedy LADY DYNAMITE, a recurring in the technologically groundbreaking series THE LIBERATOR from A+E Studios for Netflix, and a recurring role on the CW series ROSWELL.

More recent work includes a lead in the feature TWO EYES, directed by award winning filmmaker Travis Fine which was the closing film at Outfest 2020, and guest starred in Taika Waititi's RESERVATION DOGS (FX).



## Tomas Karmelo Amaya

Native Wellness Institute - Born for the A:shiwi, Ralámuli, and Yoeme tribes, Tomás Karmelo Amaya co-owns a creative agency and production company named KANION (@kanionpro), founded in 2018, with his wife Siera Begaye (@siera.amaya). He is also a creative director, film director, writer, visual artist, and wellness educator whose work focuses on creating opportunities for healing by embracing intentionality and Indigenous teachings.

He was raised in West Phoenix, AZ on the ancestral homelands of The O'odham, Yavapai, Piipaash, and Yaqui tribes. His work

has been published in Vogue, The LA Times, The New York Times, The Guardian, and Complex among several others. His client work includes collaborations with Born x Raised, Nike, Apple, Levi's and Adobe. In addition to his roles as a creative professional, he also is a facilitator/trainer with The Native Wellness Institute, a non-profit who works to heal communities from the lasting impacts of intergeneration and historical trauma.

"When we think of visual medicine, we think of healing through stories. There's intentionality, there's a healthy collaboration with those that we work and co-create with. There's that element of not only being trauma-informed but, as my mentor Jillene Joseph from The Native Wellness Institute explains, 'we can be healing-informed as well."



## Charley Hogan

Charley is T'odiichiinii (The Bitter Water Clan) and Akohni Dine (Acoma Pueblo). She is a member of the Navajo Nation. Her maternal family is originally from Nazlini, Arizona and her paternal grandparents are from the Wheatfields, Arizona.

Charley grew up on the Navajo Nation and in the urban city of Phoenix, Arizona. Her dual lifestyle of traditional and urban living, has provided her with Dr. Evan Adams's motto: "Be excellent in Both Worlds". Charley's journey of becoming a professional actor began with her love of entertaining others. Charley's first lead role is the Netflix feature Film 'Frybread Face and Me', where

she is the title character. The film debuted at #4 in the top 10 of Netflix movies. Charley is not only an actor, but she is also a multimedia artist; her skills include drawing, painting, photography and music.

She has developed quite a collection of her most memorable works of art, including writing and producing three mini amateur guitar and electric ballads. Her choice to become an artist has motivated her to continue to explore her creativity and skills. She not only has a keen eye for details in her art, but also details in the characters she portrays.

Charley has become an inspiration for the Indigenous Youth in Native America, advocating for Environmental Justice, Missing and Murdered Indigenous Relations and Indian Residential School trauma. Charley believes storytelling begins with our youth and society needs to learn to listen to our children. Charley Hogan is definitely a name to remember.

## **Featured Trainers**



## "DJ Tribaltouch" Shawn Martinez

**DJ and Stage Manager** - Shawn Martinez finished up his third season as Senior Director of Live Presentation for the Phoenix Suns and Mercury. He oversees the strategy and execution of all in-game live production and entertainment elements for the organizations. Martinez's leadership elevated the game day experience at the recently renovated Footprint Center, creating the best homecourt advantage in the NBA and WNBA.

Martinez played a pivotal role in the two-and-a-half-year development of the Suns' ORIGINATIV platform, a symbolic turquoise City Edition uniform and basketball court honoring and celebrating Arizona's 22 federally recognized indigenous tribes. The program and uniform details pay homage to the rich histories and cultures of the state's Tribal Nations and celebrate their shared love of basketball. Martinez grew up in Fort Defiance, Arizona, in the Navajo Nation and is an enrolled member of the Diné/Navajo Tribe. An athletic standout from Window Rock High School, Martinez continued his basketball journey at Fort Lewis College. He received his bachelor's degree in communications and fine arts and launched an entertainment career under the stage alias DJ Tribal Touch.



## Thomas Lee Ghost Dog JR.

Project Coordinator We R Native - Thomas Lee Ghost Dog Jr., (Burns Paiute, Oglala Lakota), is the Project Coordinator for We R Native at the Northwest Portland Area Indian Health Board, in Portland, Oregon. He assists with several adolescent health promotion projects, including Native VOICES, Native It's Your Game (IYG), and We R Native. He manages We R Native's monthly contests, community service mini-grants, gear requests, and shepherds 130 Native Youth Ambassadors. Tommy blends his own life experiences growing up on the Burns Paiute reservation into his work.

## **Featured Trainers**



## Pearl Yellowman

Professional Trainer - Pearl Yellowman is a member of the Navajo Nation and is now a full-time Trainer focusing on Youth Development, Community Development, Government Development, and Executive Leadership Trainings. In 2019, Pearl Yellowman was appointed by then Navajo Nation President Johnathan Nez and Vice-President Myron Lizer, as the Executive Director of the Division of Community Development. As Executive Director and Cabinet member, Pearl advised President Jonathan Nez on policy matters and fiduciary concerns impacting the Navajo people. Pearl earned a Bachelor's Degree in Social Work, a Master's Degree in Educational Leadership,

a second Master's Degree in Counseling Education, and a Doctorate of Education in Educational Leadership from the University of Montana, in the Educational Leadership program focusing on Leadership and Higher Education. Pearl is a mother of three young adults, Mylan, Megan, and Mikayla. Her traditional teachings include the Ho'zho' which translates into the Navajo Beauty Way.



## Eileen Ellen Crocker

Project Coordinator | WMAT Youth Council Advisor | White Mountain Apache Tribe JOM Program

Eileen is an enrolled member of the White Mountain Apache Tribe from the beautiful White Mountains of Arizona. She currently serves as the Program Coordinator for the Johnson O'Malley Program as well as serving as an Advisor for the White Mountain Apache Tribal Youth Council. She gives of her time and talents as a Motivational Speaker, Trainer, National Anthem Singer and Mistress of Ceremonies. On the side Eileen is a Licensed Zumba instructor teaching Zumba classes twice a week at the Ndee Bii Fitness Center in Whiteriver, AZ.

She is also serves as the Chairperson/ Pageant Coordinator for the Jr Miss WMA title. Eileen is a proud Alumni of the UNITY and is an Earth Ambassador Circle of 93 and found her voice in 1991 at her first Conference in Spokane WA. She has attended UNITY for decades only missing a few. Eileen has always been passionate about sharing the UNITY fire with others. Eileen is the proud mother of MakanaLani, Keali'iokalani, Ku'uipo'okalani and Kamalanionamaunakea. She is also a Proud God Mother to six Traditional God Daughters through the Apache Sunrise Dance and Massage Ceremonies.

## **Featured Trainers**



## LoVina Louie

LoVina is schitsu'umsh (Coeur d' Alene) Tribe, nselxcin (Okanogan/Colville), Nimipu (Nez Perce) she is a descendant of Chief Morris Antelope of the schitsu'umsh and Chief Manuel Louie of the Inkaneep Band in Oliver BC Canada. She is a graduate of the University of Idaho where she received her Bachelors in Organizational Sciences with an emphasis in Community and Tribal Wellness. She was recently featured on Lifetime Movie Network 50 Women in 50 States and a speaker at the TEDx Coeur d'Alene event. LoVina is a board member for the Native Wellness Institute, a national trainer and facilitator in youth leadership development, strategic planning, family

constellations and community healing and wellness planning. She also has certifications from the Healthy Native Communities Fellowship. She has worked with youth and adults in wellness and healing for over twenty years throughout North America. LoVina is a wife, mother, grandmother, daughter, sister, friend and an amazing human being. Her passion and zest for life is infectious.



## J'Shon Lee

J'Shon Lee is White Mountain Apache from Hondah, Arizona. She is of the Butterfly clan and born for the Pinetree People. She is a mother, daughter, wife, godmother, and sister and enjoys being on the land with her family. J'Shon is currently a doctoral student in the Learning, Literacies, and Technologies program at the Mary Lou Fulton Teachers College at Arizona State University. Through her research, she is considering the possibilities of how social studies teachers can teach about the land, particularly by engaging Indigenous ways of knowing. Before heading back to graduate school, J'Shon taught middle school social studies in New Mexico. J'Shon is a UNITY Alumni who served on the

Executive Committee from 2007-2011 and she is excited to return and support the CHAMP young people of UNITY!

## Saturday, February 3rd

#### HEALTH

#### **DOUGHERTY TSALABUTIE**

Table 1

National Center for American Indian Health Professions - AT Still University

#### Is your destiny healing your community?

The National Center for American Indian Health Professions collaborate with all A.T. Still University (ATSU) programs to support American Indian and Alaska Native students in successfully navigating the academic and personal journey towards attaining an osteopathic medical degree. What is osteopathic medicine? Osteopathic medicine is a "whole person" approach to medicine - treating the entire person rather than just the symptoms. With a focus on preventative health care. Doctors of Osteopathic Medicine (DOS) help patients develop attitudes and lifestyles that don't just fight illness, but help prevent it, too. Learn about osteopathic programs at A.T. Still University, and how to begin the journey into a healthcare program suited for you.

#### **DANIEL HATCHER**

Table 2

Alliance for a Healthier Generation

#### Your Health Matters! 5 Simple "Me Moment" Activities

In this nature, art, and play based workshop, we'll explore simple practices to support our own mental and physical health. Together, we'll practice activities to help us prioritize our own well-being as we take care of others in our lives.

#### **BRADLY GUACHINO**

Table 3

Break Cycle Warriors

#### **Break Cycle Warrior**

The importance/benefits of having a healthy outlet in order to thrive in life. The dangers of unhealthy outlets and tools to understand the difference. While engaging with the youth and learning what has or has not worked for them, we will share our mindset on living a life well lived. Martial Arts, Family, Serving our People

#### **KELLY VALLO**

Table 4

Inter Tribal Council of Arizona

#### **How Are You A Good Relative?**

Discussing with Youth on what is a good relative and how to show what being a good relative is by ways of educating on healthy sexual education, teen pregnancy and suicide prevention.

**Continued** 

## Saturday, February 3rd

#### HEALTH

SHERRI HICKS Table 5

NAFFA Wellness

#### Don't be too curious...Fentynal in disguise.

Current state of affairs on the streets of Phoenix is dangerous. Fentynal is the newest craze for the drug dealers by disguising Fentynal as candy. Don't be like the cat and let curiosity get in your way of a successful life.

MELODY BILLY Table 6

NAFFA Health and Wellness

#### **Preventing Diabetes in Our Native Youth**

I will talk about the rising health issues that are affecting our Indigenous Youth more and more. The lack of education that is not being taught to of the health inform our youth to make better health choices and learn good eating habits.

MARLA MESARINA Table 7

**UNITY EC** 

#### Come Slime With Us

The goal of our workshop is to have youth engage with each other and have conversations with each other while participating in a hands-on activity (making slime) to keep them engaged with conversation. Goal: Youth to build strong long lasting relationships and connections with each other.

DANIEL BROWN Table 8

Obsidian Training Concepts LLC

#### **Emergency Preparedness: Bleeding Control Basics**

This hands-on training will teach participants how to recognize and respond to a traumatic injury and improve the survivability from an emergency medical event. Participants will learn how to stop severe bleeding by utilizing direct pressure, wound packing with gauze or the use of a tourniquet. Be the difference.

**Continued** 

## Saturday, February 3rd

HEALTH

KATY JOHNSTON Table 9

**UNITY EC** 

#### Self Care is the Best Care!

I want to do a workshop on mental health and all of the benefits of taking care of yourself on the daily. Having routines, taking care of yourself physically, mentally, emotionally, and spiritually. Mental health is very important!

KAINOA AZAMA Table 10

#### The "I" in HEALING

In this workshop we will be disconnecting to reconnect with the "I" that is you. Individuals are welcome to this space to connect with traditional knowledge systems that cultivate healing and solution-building in the face of many internal and external challenges today. The workshop is evolving so be prepared for healing circles, and/or activities.

#### **CAREER**

JOSH MURRAY Table 11

The Walter Cronkite School of Journalism and Mass Communication

#### **Myths about College Admissions**

In this session students will learn about the various college admissions myths and how ASU (and Cronkite) are inclusive and accessible academic institutions for all peoples.

DEVELYNN HALL Table 12

Fort Hall Youth Council

#### Leaders in my Life

My workshop will be on the types of leaders I've encountered in my life and how it shaped me into the person I aspire to be today. I have a military background, experience in the casino culture, and currently the reigning royalty of my tribe. I encourage youth to have these conversations with themself about leadership styles in order for them to evaluate what type of leader they want to be. Each style has its own benefits and it's up to the youth to choose which will benefit themself in whatever scenario.

## **Speed Workshops**

# Saturday, February 3rd

#### **CAREER**

#### SHABRIE PERICO

Table 13

American Indigenous Business

#### **AIBL - Empowering and Building Future Leaders**

AIBL is the only American Indigenous non-profit organization solely dedicated to empowering business students in the United States. Our programs are designed to engage students in activities that stimulate, enhance, and expand educational experiences beyond traditional academic methods. All students are encouraged to participate in AIBL regardless of race, academic major, or career objectives.

#### Topics:

AIBL Chapter Membership - AIBL members become part of a broad network of Indigenous students and professionals. Members gain peer support groups, networking, chapter activities, and participation in national conferences. As a member, you receive academic, social, and emotional support, gaining leadership experiences along the way.

AIBL Mentoring Program - The Mentoring Program through AIBL provides training, mentoring, and networking opportunities–empowering Indigenous youth business leaders with the experience necessary to lead economic endeavors within their communities.

AIBL Annual Conference - AIBL's National Business & Leadership Student Conference is designed to give Indigenous students and professionals access to relevant business information and expertise, offering a variety of activities geared specifically to enhance and expand educational experiences beyond what is taught through traditional academic methods. During the conference, students compete for prizes in business plans, community projects, and elevator pitches, where they are offered leadership roles to gain valuable presentation, organizational, and project management skills and experience.

JOYCE ARMIJO Table 14

#### **College & Career Experiences - Campus Visits and Summer Trade Camps**

Present opportunities nationwide from a variety of Universities, Colleges, Trade Schools and Field Experiences in specialty areas such as Electricians, Police/Fire/First Responder and more, for students to be made aware of! Students receive valuable information that is useful and impactful in a quick, engaging, and entertaining conversation.

## **Speed Workshops**

## Saturday, February 3rd

**CAREER** 

**KATHERINE LACY** 

Table 15

AmeriCorps Vista

#### Serve your Community, Make a Positive Impact and Earn Money for School with AmeriCorps

Let's talk about community service! Did you know that AmeriCorps can be a great way to serve your community in a topic that you're passionate about while earning tons of benefits to start your career? Join us for fun, prize-winning games and trivia, and hear from an AmeriCorps alumni about their experience. The benefits of AmeriCorps service, the different AmeriCorps ""streams of service"" that participants can choose from, the variety of focus areas that AmeriCorps programs fall into, how AmeriCorps members grow personally and professionally from AmeriCorps service, how AmeriCorps alumni can harness their service benefits (both tangible and intangible) to start the next step in their journey whether it's career or higher education.

#### **SHYNOWAH BAHE**

Table 16

Northern Arizona University

#### Access 2 Excellence: Arizona Education Initiative for the 22 Tribes of Arizona

I will be presenting on the Access 2 Excellence Initiative that is offered at the Northern Arizona University.

#### **KIANA ETSATE-GASHYTEWA**

Table 17

Ancestral Lands Conservation Corp

#### Go catch 'em all Indigenous Youth! (Pokemon recruit)

Ancestral Lands Conservation Corp and Bureau of Land Management present, Pokemon Recruits! Join us in creating individualized Pokemon Cards that show off your power ups (unique skillset) and energy (communication style) geared to your Pokemon type (career interest). The goal is to empower our Pokemon trainers (Indigenous Youth) understand their unique qualities and capabilities when talking to recruiters and potential employers. We will also give insight to the field of conservation through ALCC/BLM opportunities.

## **Speed Workshops**

# Saturday, February 3rd

**CAREER** 

#### **SUMAYA QUITUGUA**

UNITY Earth Ambassador

Table 18

#### Plant The Seed, to become a Leader

There are opportunities around all of us but sometimes we don't know how to get ourselves into them or if we think we are ready for the responsibility that comes with a title. In this workshop we will discuss how you are already a leader and ways you can implement what you already know into what you can become. We will provide you with new techniques and practices that will improve how to deal with adversity. We hope that you will take what you learn and teach your community, plant the seed around you.

#### TRENA BIZARDI

Northern Arizona University

Table 19

#### **Dollars and Sense**

Welcome to "Dollars and Sense," an engaging and interactive financial literacy workshop designed exclusively for youth! In this dynamic session, we'll embark on a journey to demystify the world of finance, empowering you to make informed and confident decisions about your money. Workshop May Discuss One of The Following Topics: Budgeting Bonanza: Learn the art of budgeting in a fun and relatable way. We'll explore practical tips for managing your money, setting financial goals, and making your hard-earned cash work for you. The ABCs of Saving: Discover the importance of saving early and often. We'll delve into different saving strategies, including the magic of compounding, to help you build a strong financial foundation for the future. Investing 101: Get an introduction to the world of investments. Whether it's stocks, bonds, or other investment vehicles, we'll break down the basics and discuss how you can start growing your wealth over time. Credit Crash Course: Unravel the mysteries of credit scores and understand how they impact your financial life. Learn smart credit habits and the importance of building and maintaining good credit from an early age. Real Talk on Student Loans: If you're thinking about higher education, we'll provide insights into student loans, financial aid, and responsible borrowing. Navigate the path to education without drowning in debt. Entrepreneurial Spirit: Explore the exciting world of entrepreneurship and discover how to turn your passion into profit. We'll discuss the basics of starting a small business and the financial skills needed for success. Interactive Games and Activities: Engage in hands-on activities and games designed to reinforce financial concepts in a playful and memorable way. From budgeting challenges to investment simulations, you'll have a blast while learning valuable money skills. By the end of "Dollars and Sense," you'll leave with a newfound confidence in managing your finances, making informed decisions, and setting the stage for a financially secure future. Join us for a workshop that's not only educational but also a whole lot of fun!

**Continued** 

## Saturday, February 3rd

#### **CAREER**

#### **MARQUIS JOHNNIE**

Table 20

Northern Arizona University

#### **Let's Talk Business**

Hear from a business school student on varying majors/minors and the various career paths upon graduation.

#### SHANDELARIAH FOOTRACER

Table 21

Norther Arizona University

#### Thinking About Nursing School: Tips and Tricks to Prepare Nursing School

Hear the steps and course work required to prepare to apply for nursing school.

#### **JULIA EISCHEID**

Table 22

University of Arizona

#### **University of Arizona Supports**

Learn about all the many different ways the University of Arizona supports Native American and Indigenous students in the state of Arizona and around the country. We'll cover topics such as the admission process, financial aid, including the Arizona Native Scholars Grant, and support services on campus. With more than 150 undergraduate degrees, a diverse student body, and beloved traditions, there's nowhere quite like the University of Arizona.

#### **CRISTIN HAASE, DMD**

Table 23

Society of American Indian Dentists

#### Imagine yourself as a tooth fairy... with superpowers!

Presenters are American Indian/Alaska Native Dentists. They will share their journey to dentistry and a hands-on activity with participants.

## **Speed Workshops**

## Saturday, February 3rd

**CAREER** 

#### **STEPHANIE HOSONUMA**

Table 24

Bank of America

#### **Better Money Habits: Student Guide to Managing Money**

Understanding and managing your money is key to financial independence and accomplishing your savings goals. Participants of this workshop will have the opportunity to learn about tips for managing money including balancing wants & needs and understanding the role of credit by Bank of America's Native American Professional Network leaders.

#### **JOAN TIMECHE**

Table 25

Native Nations Institute, University of Arizona

#### Strategic Entrepreneurship and Visioning for Our Communities

This is a brief interactive workshop to introduce Native youth to entrepreneurship. The participants will engage in a group work activity called The Invention Convention™, where they invent products or services needed in their community. It will challenge participants to utilize skills such as problem-identification, problem-solving, entrepreneurship, and creativity. Participants will come out of this workshop with an understanding of how invention, innovation, entrepreneurship, and an individual can help solve needs in Indian Country, while also generating revenue and creating a career.

#### **JOHNNY POOLAW**

Table 26

AISES - Advancing Indigenous Peoples in STEM

#### AISES Opportunities to help Navigate your way to College and beyond

A quick workshop to showcase the multiple says that AISES can support students as they navigate their way to college. AISES provides scholarships, internships, mentorship programs, and other college and career navigational tools for students, and this workshop is to showcase all of those opportunities.

## **Speed Workshops**

## Saturday, February 3rd

#### **HIGHER EDUCATION**

#### **KRYSTIN WOODELL**

Table 27

University of North Carolina at Pembroke

#### **Finding Your Fit!**

Choosing a college or university is far from an easy decision and considers much more than just your favorite college sports team! Students have to consider which college is going to fit them best! Fit considers the cost of attendance, location, campus size, academic offerings, and the overall campus environment. This workshop will give students a formula to select the best college or university that will meet their needs and set them up for future success!

#### **ELECTIONS**

#### **MILLICENT PEPION**

Table 28

Secretary of State

#### Civic Engagement for Native Youth

We will discuss the history of voting for Natives in Arizona, the process to register Natives voters, and why it is important for Native Youth to be involved in civic engagement.

**Continued** 

## Saturday, February 3rd

#### **LEADERSHIP**

**JOVI WILLIAMS** 

Table 29

UNITY Farth Ambassador

#### Peers are Powerful

Peers are Powerful participants will be able to learn and gain the skills that will make them a better leader, role model, activist, and team member. Peers are one of the most potent sources of influence on one another! This training will be covering an array of actionable skills including how to help peers make positive decisions, response and referral skills, how to take action, intervene, recognizing the role of diversity and inclusivity, programming and presentation skills, and group dynamics. Once this workshop is completed peers will be able to further develop their skills and knowledge on becoming powerful youth leaders.

#### **CULTURE**

#### **BROOKE WHEELER**

Table 30

Bureau of Land Management

#### **Archaeology and Cultural Heritage Preservation**

Using Archaeology to revitalize and preserve Native culture and history. Participants will be introduced to the field of archaeology and indigenous archaeology and federal and tribal cultural preservation careers. Workshop will include hands on lesson using archaeology tools and methods to uncover past peoples and communities.

#### **TIA BUTLER**

Table 31

UNITY Farth Ambassador

#### Sustainability in Oregon Coastal Jewelry

As an Earth Ambassador, my platform is focused on the protection of traditional resources. This workshop is designed to showcase the unique materials we gather and use for ceremony on the Oregon Coast. The gathering process of these materials promotes sustainability in the art of our jewelry making. These seasonal materials and hand gathered throughout Oregon and Northern California.

**Continued** 

## Saturday, February 3rd

#### **CULTURE**

EVELYN ENOS Table 32

**UNITY Earth Ambassador** 

#### **Creation and Tradition**

Zine making workshop, focusing on creating poetry and written dialogue to share and create conversation on topics regarding the changing times and challenges in preserving our traditions.

MAHIYA RAMIREZ

Table 33

Southern Plains Representative

#### Healing the Spirit through Art

A conversation between the youth and I, about how I turned a dying art form into something spiritually healing for myself, and how that has led me to healing and growth.

DEREK CAPITAN Table 34

UNITY Executive Committee / Earth Ambassador

#### **Science Communication Through Art**

Environmental advocacy has been a growing interest and passion especially dealing with situations related to environmental justice. I believe we need more advocacy and one of the methods to reach and catch the attention of certain audiences is to promote through our art and storytelling. As indigenous peoples, it's important to carry our stories forward and to use it as a stance to say we are still here. We have a lot of talented indigenous artists out there with something to offer and sometimes all they need is a platform to show off their work. So I encourage those to come create with me! Attendees will learn how to incorporate art in science communication. Each attendee will be supplied with art supplies to tell their own story

LILIANA MARS Table 35

NITYO

#### Wenomesíppaguash (The Vine Tree)

(For the Arts as a Means of Retaining Culture. Arts can be anything. Dancing, beading, quilling, basket making. Every design has a story, every story has a purpose. So for my workshop I plan on bringing art supplies (crayons paper) so we can show our different cultures, and show what they mean to us, and also show how the art of our culture will never be lost. Very interactive much like my workshop from Unity! I will refine the details as it gets closer! I have also chosen the name the vine tree because our culture grows like a vine. Everything is past down through the vine.

**Continued** 

## Saturday, February 3rd

#### **CULTURE**

JALEN HARVEY Table 36

UNITY

#### **Healing through Culture**

This workshop focuses on mental health but coping through our Traditional ways and teachings. As well as, describing the importance of involving our culture in daily tasks for our mental wellbeing. We will provide a variety of examples on how our traditional teachings will be involved, and some ways we can also learn more ways to move past obstacles.

GREG MENDOZA Table 37

UNITY

#### Are you UNITY's Next 25 Under 25 Awardee

Learn about how to apply for the UNITY 25 Under 25 national award recognition. Hear from former award winners on how to create your own platform. Participants can discuss ways to build their advocacy platform with local community resources

NOEL TWO LEGGINS Table 38

Ak Bacheeitchiilewioosh

#### **Reconnecting with our Roots**

An overview of what has been achieved through our youth council by physically reconnecting with Mother Earth, by the means of hiking, reaching elevated summits and initiating a vision quest to find existential meaning of one's life through incorporating cultural practices while adjusting to modern day effects of technology, addiction and trauma.

SAREYA TAYLOR Table 39

UNITY

#### **Poetry and Building Connections**

Food is an important and delicious way to connect and share one's heritage. In this workshop, participants will read poems from native authors focusing on connections to food, land and identity. Then, develop their own short poems with a mad-libbed style format.

## **Speed Workshops**

## Saturday, February 3rd

#### **CULTURE**

#### **BRENDA WHITEHORSE**

Table 40

San Juan School District Youth Leadership Council

#### K'é Shił nilj dóó shił beehózin. I value my Diné kinship and I will learn it.

The outcomes of this session is that the youth will learn more about the Navajo clan system and compare it to their own tribal clan systems if they are not Navajo. The session will increase their understanding of how tribal relationships through kinship can establish lifetime cultural and language connections, and in the process can help our youth develop a sense of self-identity and self-worth.

#### **ENVIRONMENT**

#### **ALEXANDER GOOD CANE MILK**

Table 41

Haskell Indian Nations University

#### **Taking Back Turtle Island**

This workshop is a way to broaden the perspective on the idea of Sovereignty, Decolonization, and Self-Sustainability. How we as Indigenous people: have, can, tried, and dreamed of achieving Sovereignty, Decolonization, and Self-Sustainability.

#### JENNA MAKES GOOD Table 42

#### **Modern Sustainability in Indigenous Lifestyles**

I have prepared a slideshow presentation that I have used once for a workshop at my tribal college. It starts with introductory information about global waste statistics. It then transitions into creating solutions by incorporating sustainable practices. I have information available with different options that can fit various lifestyles. I also touch on food sovereignty and hunting laws, as they may pertain to tribal members. The end is left open for questions, brainstorming more ideas and practices, as well as useful information participants may have about the topic at hand.

Continued

## Saturday, February 3rd

#### **ENVIRONMENT**

#### **MA SHU SKA PIDGEON**

Table 43

Brophy Native American Club

#### Defending the Sacred through Political Advocacy

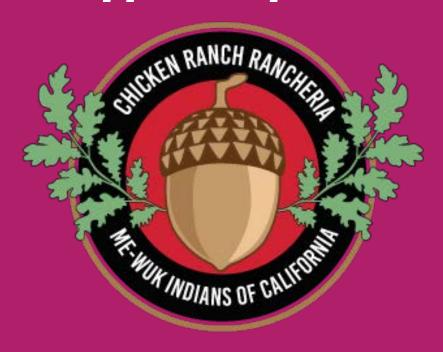
Guided by culture and spirituality our student organization has transformed from a cultural affinity space into a nationally recognized youth advocacy organization crying out for the protection of Oak Flat and all sacred lands.

#### **Supporter Sponsor**

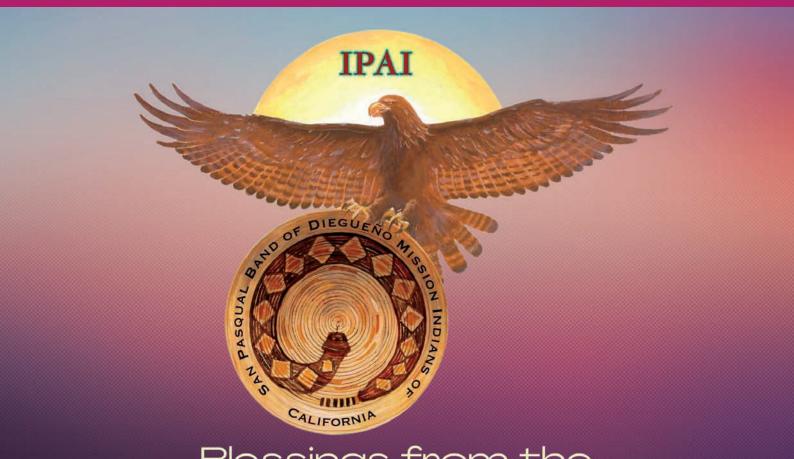


2024 UNITY Midyear Conference

#### **Supporter Sponsor**



2024 UNITY Midyear Conference



Blessings from the San Pasqual Band of Mission Indians







#### **SCHOLARSHIP PROGRAM**

#### The Mission

"We see the tremendous impact this partnership can have in creating resilience for individuals, families and Native American communities at-large as graduates return to serve their communities in impactful ways."

Tracy Bame, President of the Freeport-McMoRan Foundation

#### **About the Program**

The scholarship supports students with up to \$6,000 annually toward postsecondary education, along with mentorship services provided by Education Forward Arizona to help ensure they have the best possible opportunity to complete their program.

2024 Scholarship Applications Open February 1!

Apply at edforwardaz.org/nasp





### **Tote/Bag Sponsor**



**2024 UNITY Midyear Conference** 

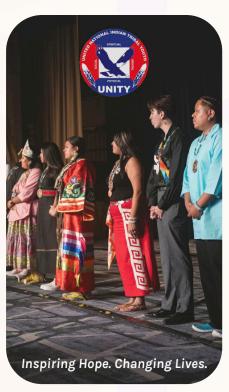


## 容

## LIGHTING THE FIRE



## Bringing light to the community through Advocacy



Traditionally our leaders were known as protectors and policy makers.

They kept the peace and balance of the community. Although they were proactive in their approach, they were highly adaptable when a shift needed to happen to maintain the balance or to protect what was valued in the community.

#### **GATHER THE FIREWOOD**

Session 1

STEP1

Preparation

STEP 2

Choose an issue

STEP 3

Learn about the issue

## **PREPARATION**A look into advocacy, policy and mind mapping

#### A DEEPER DIVE

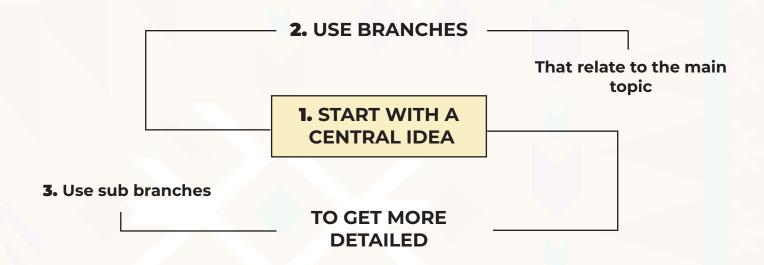
#### WHAT IS ADVOCACY?

Advocacy seeks to ensure those who are most vulnerable in society, are able to: Have their voice heard on issues that are important to them. Defend and safeguard their rights. Have their views and wishes genuinely considered when decisions are being made about their lives.

#### WHAT IS POLICY?

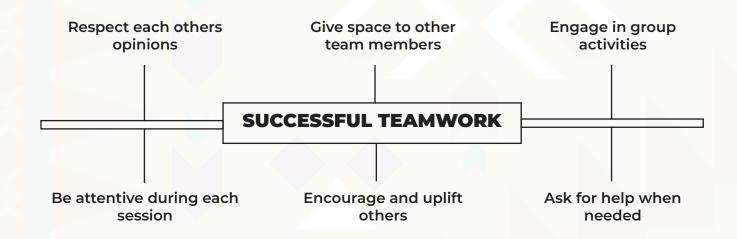
Policy refers to specific rules that govern everything around you. This could be at the federal, state or tribal level. It could be within the community or school.

#### **MIND MAP IN 3 STEPS**



#### **EXERCISE 1**

Mind map what will help the group successfully work well together



## **2** CHOOSE AND ISSUE Addressing key issues

#### **EXERCISE 2**

#### WHAT ARE KEY ISSUES?

Things that cause concern in the community, tribe, school, families, etc.

#### MINDMAP

Key issues that need to be addressed in the community/tribe/school

#### **USE THE BRANCHES**

Discuss why these concerns are important to address

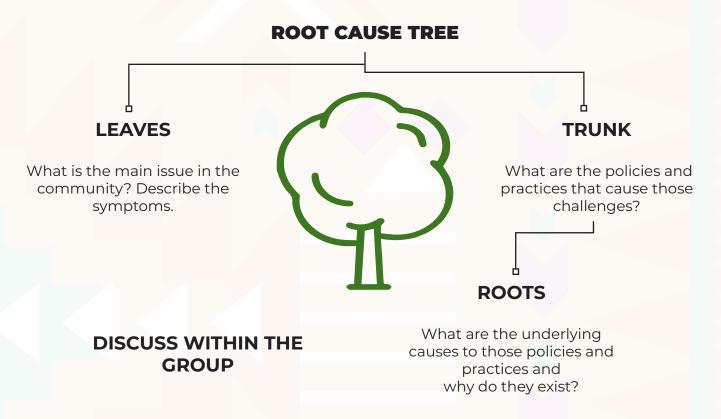
#### **FOCUS ON 1 MAIN TOPIC**

Once the team has completed exercise 2, discuss together what issue the group would like to address for this project.



## **3** LEARN ABOUT THE ISSUE Seeking information from trustworthy resources

#### **UNDERSTANDING ROOT CAUSES**



#### **EXERCISE 3**

Have a group discussion about the following

#### WHAT IS HAPPENING NOW?

#### WHAT HAS ALREADY HAPPENED?

What do we already know about the issue and how it is affecting the community?

Look up three projects that have been carried out about your topic and list the impact that was made

#### WHAT SHOULD HAPPEN NEXT?

The group will share what ideas they have to take action to solve the problem.

#### LIGHT THE FIRE

STEP 4

Determine a goal

STEP 5

Develop an audience

STEP 6

Identify allies



#### **EXERCISE 4**

## GROUP DISCUSSION: WHAT CAN BE DONE?

Based on the research collected from step 3, come up with ideas on how the group would like to address the chosen issue.

#### **ACTION PLANNING**

Now moving from identifying the issue and researching about it, we move towards planning and taking action!



### BE S.M.A.R.T.

### S.M.A.R.T. goals encourages effective planning and accountability

S	M	A	R	T
SPECIFIC	MEASURABLE	ATTAINABLE	RELEVANT	TIME BOUND
The goal is clear and defined	Progress can be easily tracked	Challenging but not impossible	Relates to the issue at hand	Completion date is realistic

# **5 DEVELOP AND AUDIENCE** Who does this reach and impact?

### **EXERCISE 5**

#### **INFLUENCE**

Think about who will be influenced most

#### MINDMAP

Who is the target audience?

#### **USE THE BRANCHES**

Is this a positive impact on the influenced?

### WHO?

The target audience is the person or group of people who will benefit most from the cause or message



# 6 IDENTIFY ALLIES Recognizing possible support groups

#### **SUPPORT GROUPS**

#### **SCHOOL**

Youth Council, Native American Club, Student Council



#### COMMUNITY

Recreation Center, Local Law Officials, Organizations

#### **TRIBAL**

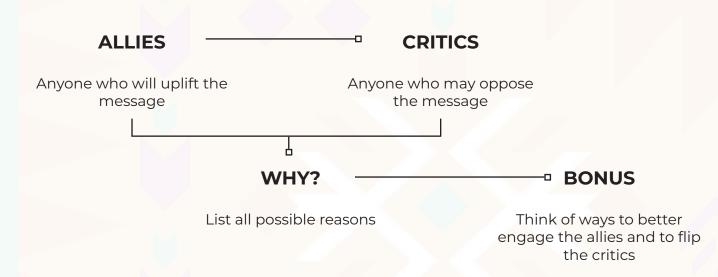
Tribal Council, Programs, Health Facilities

#### **PERSONAL**

Family, Friends, Therapy

### **EXERCISE 6**

Create 2 Mind Maps



Session 3

# **KEEP THE FIRE LIT**

STEP7

Choosing tactics

STEP8

Positive reflection

STEP 9

Join a team

**7** CHOOSING TACTICS
Coming up with useful techniques

#### **EXAMPLE OF TACTICS**

#### **WRITE** A LETTER

Handwritten message to elected officials

Pitch an opinion article to a local newspaper/blog

**CREATE** ARTWORK

Make posters or flyers

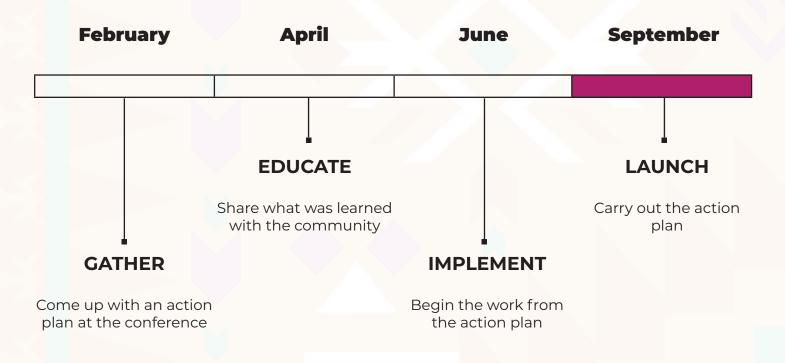
Film a short documentary

**MEET** WITH THE COMMUNITY

Host a town hall

Organize a demonstration

# **CREATE A TIMELINE**



## **EXERCISE 7**

#### THINK OF STRATEGY

What will be the best way to carry out the mission?

#### **MINDMAP**

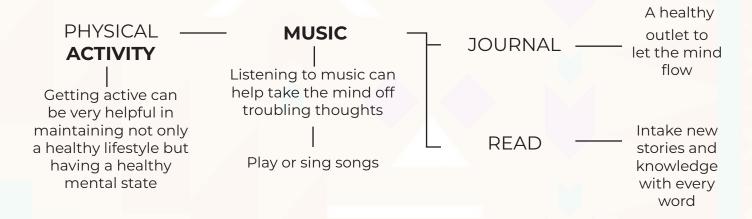
What are some useful tactics?

#### **USE THE BRANCHES**

Start to delegate tasks among group members

# 8 POSITIVE REFLECTION Practicing self care

# TAKING TIME FOR SELF CARE





# SHARE THE LOVE

Take some time to share different forms of self care.

# 9 JOIN A TEAM Tips for how to find support systems



#### **ORGANIZATIONS**

Look into local and global organizations geared towards the main cause

# **UTILIZE THE FIRE**

STEP 10

Do it again!

STEP 11

Safe practices

STEP 12
Report out

Session 4

# 10 DO IT AGAIN!

# REIGNITE THE FIRE

#### **PERSONAL**

Use these steps to generate and implement better policy practices in the community.



#### **COMMUNITY**

Use these steps to generate and implement better policy practices in the community.

### Due Feb 3rd



#### Due Feb 4th



# **SHARE YOUR IDEAS!**

Keep up the community involvement by sharing your projects on social media. And don't forget to tag UNITY! We love to see what our youth leaders are up to!



- @unityinc76
- United National Indian Tribal Youth Inc.
- UNITY, Inc. 76
- www.unityinc.org

# National UNITY Council Executive Committee



Jonathan Arakawa UNITY Co-President Lower Elwha Klallam, Washington



**Kaytlynn Johnston UNITY Co-President**Bishop Paiute Tribe,
California



Koya Bearstail UNITY Great Plains Area Mandan, Hidsatsa, Arikara Nation, North Dakota



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UNITY Southern Plains
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Oklahoma



Derek Capitan
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Laguna Pueblo/Navajo,
New Mexico



Jalen Harvey
UNITY Western Area
Representative/
Secretary
Acoma Pueblo/Hopi/
Navajo, Arizona

# **UNITY Staff**



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O'odham/Yaqui Arizona



LorenAshley Buford Training Resource Development Manager Yamassee



Tami Patterson Office Manager



William Mosely Media Specialist Nanticoke Lenni-Lenape Indians of NJ



Audriana Mitchell Production Assistant Navajo and Southern Cheyenne Tribes / Colorado River Indian Tribes of Arizona

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Let's Connect!

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July 29 - July 3, 2024

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Discounted (Now through March 31): \$400 Full-Rate (Apr. 1 - June 14 ): \$500





Native American vendor and Career & Education exhibitor spaces are available! Contact us for sponsorship opportunities.

# Honoring our shared heritage Building a brighter future for all Everybody thrives when we all work together. This is why our Tribe is a proud sponsor of the 2024 UNITY Midyear Conference. Through strength in unity and collaboration, we can drive success for all Native peoples now and forever. SAN MANUEL BAND OF MISSION INDIANS FOLLOW US ON INSTAGRAM: @sanmanuelband www.sanmanuel-nsn.gov